

# Mentor Guide 2019-20



Session 3: February 7

Juniors

<http://bit.ly/2mVKHup>

# Session 3 - 11th Grade:

## Grade Check/Resume Updates/College Prep

### OBJECTIVES FOR TODAY:

- To review Semester Grades and create and action plan
- To review and make additions to Resumes written with mentors last year OR
- To set realistic goals for post-high school opportunities by comparing various colleges and reviewing job/internship/ and scholarship opportunities that can make those goals a reality.

### TODAY'S CHECKLIST:

- ☐ Checking in and catching up:) - 10 minutes
- ☐ Reviewing Semester grades and revisiting action plan - 10 minutes
- ☐ Revising and discussing resume - 25 minutes
- ☐ Prepping for post-high school - 45 minutes
  - ☐ Choosing and comparing Colleges
  - ☐ Looking over Summer program and job opportunities and/or Scholarships

### ADDITIONAL INFO:

I hope that you and your mentee have a great time together during our third session. This session is dedicated to one main task. However, there are a few important check in items to discuss.

#### Part 1:

Part 1:An important part of our session today is taking a look at semester grades. Semester grades are the grades that show up on the Official Transcript. At our last session, we looked at Quarter and Current grades so we could possibly make some adjustments before the grades were set in stone. However, now that grades are officially in, we want to give you and your mentee a chance to reflect on last semester and game plan for this one.

\*\*Included in the packet you will find the graduation requirements and the State/CSU/UC requirements from last session.

#### Part 2:

All Academy Juniors should have a completed but potentially unrevised resume. (You may already be familiar with the resume if this is your second year with your mentee.) Please take the time to look over and make any necessary updates/changes. (A few new juniors may not have a resume so some of you may be starting from scratch.) These resumes will be used for mock interviews at our upcoming district career fair, our last mentor session, and for any jobs or programs they are interested in applying to.

### Part 3:

Regardless of your decision to go to a 4 year university upon graduation or begin at a Community College this section applies to you and your student. Feel free to do any of the following:

- Review the [Common App](#)
- Compare a potential Community College and a potential 4-year University by completing the comparison chart provided
- Look at Personal Statement Questions and begin brainstorming for your response
- Look at SAT Dates on [collegeboard.org](http://collegeboard.org) and possibly sign up for the SAT in **May**
- Search through the list of scholarships and take note of any that you might qualify for
  - Optional: Look through the MANY Summer internships/jobs that are now open

### JUST A NOTE:

\*\* While there is a checklist of activities for you and your student to accomplish, if the conversation leads elsewhere feel free to develop that organically!!

## Catching Up :)

Even though I am sure that no one will need these conversation starters, I have included them just in case. You and your mentee should spend the first fifteen minutes or so catching up from the last session. You can also use this time to check in on some of the visioning goals that you and your mentee set in the last session.

### Topics for Conversation:

- Did you do anything fun over the three day weekend?
- Share stories from Winter Break
- Are you working on any fun/interesting projects in any of your classes?
- Have you seen any good movies recently?
- Check in on family
- How are things going with friends at school
- Any other things that you can think of

# Activity #1: Transcript Review Part 1

**Directions:** Your mentee should have a copy of their transcript with them in their folders. Please take a few minutes to look over the classes they took Freshman Year and the first quarter of their Sophomore Year and what grades they earned. After looking it over, take some time to discuss and answer the following questions:

1. What class was the most difficult for you during the 1st Semester and what made it so challenging for you?

a. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. What class was the easiest class for you during the 1st Semester and what made it easy for you?

a. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. What class do you enjoy the most and why?

a. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

--Continue onto the next page to create a game plan for this Semester--

## Activity #1: Transcript Review Part 2

Take a few minutes to review the new transcript included in your mentee's folder. Feel free to complete the chart below.

Pd	Class	Semester 1 Grade	Semester 2 Goal Grade	Game Plan
0				
1				
2				
3				
4				
5				
6				

## Activity #2: Resume Revision

Directions: Once your mentee has pulled up their resume on their Google Docs, take a few minutes to look over the sample resumes together and discuss what a good resume looks like. There might also be some updates that need to be made to the resume. Please help your mentee through this process. Use any of the resources/samples that follow as a guide:

## Résumé Building Activity

A résumé is one of the most important tools in your job search. Its purpose is to entice the employer to know more about you and call you for an interview. It is usually the first impression you make on that person, so make it a good one! A good résumé presents who you are, what kind of position you want, skills you have, accomplishments you have made, a listing of education and training and all previous work experience. When creating your resume there are some general dos and don'ts which include:

### DO:

- Be concise, accurate, and positive.
- List your most recent job first.
- Stress skills, accomplishments.
- Use action verbs.
- Make resume attractive to read.
- Have someone proofread before mailing.

### DON'T:

- Lie or exaggerate.
- Include salary history.
- Use pronouns, abbreviations.
- Overdo use of bold and italics.
- Use small type, overcrowd margins.

You will want to include all of the following in your resume in the following order:

- Name and contact information
- Objective - indicate the position or general type of job you are seeking.
- Education - if you are a recent graduate, place your education here. List your diploma, degree, certificate, name of school and location, and relevant courses (may be a separate section). GPA may be appropriate.
- Work Experience - list each job separately, starting with your present job or most recent job first. State your position, major responsibilities, duties, and accomplishments.
- Skills - list relevant skills. Include the machines you can operate, computer hardware and software in which you are competent. Examples: operate a cash register, copier, fax machine, IBM computer, Macintosh computer, Word Perfect.
- Activities - extracurricular activities and community activities are all appropriate if space permits and if relevant to your job objective.
- References – for now simply write “Available upon request.”

On the next page you will find an example of how to organize your resume. Your task today with your mentor is to create a quality resume complete with work experience and skills for a job you could envision having this summer. Ideally the job that you would like to have this summer relates to the career field you have expressed interest in. For example, if you were interested in Construction a good summer job would be working for a contractor, not working at Jamba Juice. The more experience you have in your desired career field the more desirable you will be as a candidate. Please make sure your resume is detailed, concise, and no longer than 1 page. Please

feel free to refer to the sample resume included. Please also be sure to use Times New Roman font size 12.

#### Example with Guides:

Stephanie Johnson  
555 Middlefield Road  
Atherton, CA 94027  
perry.jameson@gmail.com  
(650) 322-5311

#### OBJECTIVE

To obtain knowledge of the day-to-day workings of a communications, public relations, or publishing firm through a part-time job or summer internship.

***Make your objective specific; give the type of position and/or field you want to work in.***

#### EDUCATION

Menlo-Atherton High School, Atherton, CA

- Completed three years at Menlo-Atherton High School
- Graduation date: June 2018
- G.P.A. 3.85. Principal's Honor Roll.

***Include GPA if it is over 2.5. List academic honors, significant presentations, group projects and reports. Do not list middle schools or schools you transferred from.***

#### EXPERIENCE

Job Title, Organization Name

City, State, Month 20xx – Present

- Escorted diners to tables in a timely fashion
- Supervised team of 6 staff members
- Named Employee of the Month for July 2015.

***Put your most recent job first and move backwards***

***Begin phrases with action verbs, not with "Duties included..." or with "I" or "my." Don't let the reader know you showed up to work everyday – indicate the positive difference or impact you made.***

Newspaper Staff Member, Hometown High School

Bogus, California, August 20xx – Present

- Editor of campus newspaper.
- Researched information for news articles using library and Web sources.
- Composed and edited informational articles, columns, editorials, and advertising copy.

***Describe your job uniquely, not in general terminology. Begin phrases with different action verbs than the ones you used before. List significant accomplishments and promotions. Be consistent with verb tenses (use present if you still work there, past if you don't).***

#### SKILLS

- **Technology** - Microsoft Word, Microsoft Excel, Microsoft PowerPoint, Inspiration, Internet Skills, Web Design, Digital Photography, iMovie and Video
- **Spanish Fluency** - Language studied for more than 10 years and regularly used with second language learners and their parents for communication purposes
- **Communication Skills** - Ongoing interaction with parents, children and fellow coaches and teachers on a daily basis; other teachers and league coaches and their respective parent groups; the business community to plan events and solicit donations.
- **Leadership Skills** - Aquatics Director at Menlo Country Club; hire, train and supervise coaches and lifeguards; delegate jobs to maximize organization and efficiency, Teacher and Head Coach
- **Organizational Skills** - Schedule and prepare for class and meetings; ensure all necessities are

purchased in sufficient quantity, within budget constraints, and in timely manner to ensure distribution; arranged for numerous field trips and water polo traveling trips both domestic and international.

- **Financial Skills** - Treasurer for countywide West Bay Swim League, ensured collection of all debts, assessed fees, and appropriate budget allocations.
- **Dedication** - Shown in long term commitment to work for community district and contribute to its programs success and ongoing desire to enhance local aquatic programs.

#### **HONORS, AWARDS, AND MEMBERSHIPS**

- Voted Peninsula Athletic League 1st Team
  - Selected by committee of coaches as one of the top performers in the Peninsula Athletic League.
- 2004 Best High School Newspaper Design winner
  - Central State Regional Communications Contest, sponsored by the Communications Department at California State University, East Bay.
- Academy Honor Roll
  - Qualified for the Academy Honor Roll each semester Sophomore – Senior year – earning a minimum 3.0 GPA

#### Sample Student Resume 1

## Rayner Zarco

565 Sacramento St. Apt.7 East Palo Alto CA, 94303 | (415) 601-0103 | 786393@seq.org

***Committed, hard-working high school Junior seeking a position***

#### **EDUCATION**

*Menlo-Atherton High School, Atherton, CA*

July 2017

- Completed two years at Menlo-Atherton High School
- Graduation date: July 2016
- GPA: 3.345, Varsity Football

#### **LEADERSHIP**

- Facebook HQ Intern
- Member, Computer Academy
- M-A Football Student Athlete

July 2015 – August 2015

Jan. 2014 - Present

August 2014, -Present

#### **SKILLS**

- Proficient in Microsoft Office: Word, Excel, PowerPoint
- Experience with Adobe Photoshop, Adobe Flash and Adobe InDesign
- Bilingual; able to read, write and speak both English and Spanish fluently
- Worked as an IT with Facebook's workers

#### **EXPERIENCE**

Cashier

Trader Joe's, Menlo Park, CA

Dec. 2015 - Present



- Managed customers orders and provided outstanding customer service
- Interacted with people on a personal level and ensured they left satisfied
- Operated cash register and managed with money

#### Intern

Facebook, Menlo Park, CA

June 2015 – Aug. 2015

- Managed a network with over 1 billion users at Menlo Park headquarters
- Built a personal clientele to serve their financial needs including preparing for retirement, paying for education, planning their estates, preparing for the unexpected, and various other life goals

*Professional references available upon request*

Sample Student Resume 4

## Victor Escatel

3137 Bay Road  
Redwood City, CA 94063  
EscatelVictor@yahoo.com  
(650) 465-3621

### OBJECTIVE

To apply and get a position at any job, so I could get experience and skills for future jobs.

### EDUCATION

Menlo-Atherton High School, Atherton, CA

- Completed 2 years at Menlo Atherton High School
- Graduation date: June 2017
- G.P.A. 3.4.

### EXPERIENCE

Soccer Referee, U.S Soccer Federation Referee Program

Redwood Shores, CA, August 2013– Present

- Learned the importance and respect for the Game.
- Refereeing a full game with two ARs
- Center Referee for several occasions

Project Read, Redwood City, California, August 2014 – 2015

- Tutor for elementary students.
- Organize field trip for all of the students.
- Member since 2006.

### SKILLS

- **Technology** - Microsoft Word, Microsoft Excel, Microsoft Power Point, Internet Skills, Google Drive, Adobe Flash, Blender, Adobe Photoshop, JAVA, and Blogger.
- **Language** – Speak both English and Spanish fluently.
- **Communication Skills** - Ongoing interaction with parents, teammates, fellow coaches, and

- teachers on a daily basis;
- **Leadership Skills** – I have been a referee for about 2 years. I gained leadership and respect over the years. I help my teammate with good posture and correct techniques in soccer.
- **Organizational Skills** - Schedule and prepare for class with an organized binder, and in timely manner ensure distribution. I am always on time.
- **Dedication** - Shown in long term commitment to soccer and tutoring programs success and ongoing desire to enhance local reading programs.

#### **HONORS, AWARDS, AND MEMBERSHIPS**

- Member of the Varsity Soccer Team
- Accepted and attending the Computer Academy
- Received 1st place in Junior Achievements Social Innovation Camp at Oracle.

## **Activity #3: College Prep**

There are quite a few options for this portion of the day. Feel free to scan through them all or dive deeper into one or two of the activities.

### **HOW MUCH WILL COLLEGE COST?**

If your mentee has a rough idea of how much their parent (s) made in the past year you can use this amazing tool to estimate how much a specific college will cost. You can see the estimated financial aid that you will receive from the government. This is incredibly beneficial because many students assume certain colleges are not an option.

- Go to <https://fafsa.ed.gov/FAFSA/app/f4cForm?execution=e3s1>

### **COLLEGE COMPARISONS:**

#### **Questions You Should Ask About a College**

1. These questions will help focus students' research and enable them to make objective and accurate comparisons of colleges.
2. They can direct these questions to their guidance counselor, to the college admissions office, or use collegeboard.org to find the answers themselves.
3. Students can use the College Comparison Worksheet on the next page to record important information.

#### **Questions to Ask About Your College:**

1. Are there any special requirements for admission?
2. What test and what minimum scores does the school require?

3. Is there an admission interview?
4. How do I prepare for the interview?
5. How much does it cost to attend school for one year?
6. What types of financial assistance can I expect?
7. How selective is the school?
8. What is the ratio of faculty to students in most classes?
9. What sort of advisement and counseling may I expect?
10. What is the ratio of men to women?
11. Are most students entering directly from high school, junior college, or returning to complete their education?
12. What are the school's strongest majors and areas of specialization?
13. How many students attend the school?
14. What resources are available to students?
15. What extracurricular activities are available?

## Ten Advantages of a Community College

The majority of our students currently attend a community college after graduating from high school. Here are a few key points worth discussing with your student to help him/her become aware of all the advantages of a community college.

1. **Individual Instruction.** Community colleges generally have good faculty/student ratios. Smaller class sizes mean more personalized instruction—students have more opportunities to ask questions, get to know instructors, and receive special help.
2. **Cost-Efficiency.** Students who attend a community college generally can live at home; this can save them a great deal of money.
3. **Personal Development.** A community college provides many opportunities for students to develop leadership abilities as well as scholastic and social capabilities in a more relaxed, less competitive environment.
4. **Flexible Schedules.** Most community colleges offer courses at various times to accommodate students' work schedules.
5. **Transfer Capability.** Community colleges offer university parallel courses that readily transfer to a senior college or university.
6. **Guidance.** Community colleges also have guidance personnel who are trained to address non-traditional students' needs and problems.
7. **Special Assistance.** Community colleges provide many special services for nontraditional students.
8. **Comprehensive Programs.** Community colleges usually offer a wide range of programs that enable students to select those that are appropriate to their interests and abilities.
9. **Technical Education.** Community colleges specialize in providing students with quality vocational and technical education programs.
10. **Convenience.** Community colleges are very convenient for students because there is

usually one located within driving distance of home.

**\*\* Note,** it could be interesting for you two as a pair to look up statistics that demonstrate success rates of students attending community colleges. In particular, note the startling statistics that represent different demographic groups.

## How to Compare Colleges

If your student wants more college information, go to: <https://nces.ed.gov/collegenavigator/> or have him or her use the "Finding the Right College" page on the College Board web site: [www.collegeboard.org](http://www.collegeboard.org)

### COLLEGE COMPARISON WORKSHEET

<b>College Name</b>			
<b>Type (community, 4 year, voc. ed)</b>			
<b>Size</b> <ul style="list-style-type: none"><li>- Enrollment</li><li>- Campus Size</li></ul>			
<b>Environment</b> <ul style="list-style-type: none"><li>- Urban</li><li>- Rural</li><li>- Co-ed</li><li>- Male</li><li>- Female</li><li>- Religious Affiliation</li></ul>			
<b>Admission Requirements</b> <ul style="list-style-type: none"><li>- Deadline</li><li>- Tests Required</li><li>- Average Test Scores</li><li>- Average GPA</li><li>- Special requirements</li></ul>			
<b>Academics</b> <ul style="list-style-type: none"><li>- Your major offered?</li><li>- Student-faculty ratio</li><li>- Typical Class Size</li><li>- Research Institute?</li></ul>			
<b>Expenses</b> <ul style="list-style-type: none"><li>- Tuition</li><li>- Room and Board</li><li>- Estimated Total Budget</li><li>- Application Fee</li></ul>			
<b>Financial Aid</b> <ul style="list-style-type: none"><li>- Deadline</li></ul>			

<ul style="list-style-type: none"> <li>- Required Forms</li> <li>- % Receiving Aid</li> <li>- Scholarships</li> </ul>			
<b>Housing</b> <ul style="list-style-type: none"> <li>- Availability</li> <li>- Food Plan</li> <li>- Types</li> </ul>			
<b>Activities</b> <ul style="list-style-type: none"> <li>- Clubs</li> <li>- Intramural Sports</li> </ul>			

## Applying to College

Take a moment to go over these general college application requirements with your student. Be sure your student understands that the college application process is not the same for every college.

### WHAT YOU'LL NEED TO APPLY TO COLLEGES

**Application Forms** Students can now apply in writing or electronically for college application forms. Many college web sites have easy-to-understand application instructions and most (if not all) of the schools our students will be interested in will include the CSU application, UC Application or Common Application.

**Application Fee** The average college application fee is around \$50. Some colleges charge more and a few do not have any application fees. This fee to apply is usually non-refundable, even if you are not accepted. Many colleges offer fee waivers for applicants from low-income families. If you need a fee waiver, see Ms. Nyugen in the College Center.

**High School Transcript** This form is filled out by an official at your high school. If it comes with your admission materials, you should give it to the guidance office to complete as early as possible. Some colleges send this form directly to your school after receiving your application but don't sit around and "assume" it will get done ... you need to be responsible for making sure everything gets processed in a timely manner.

**Admission Test Scores** At many colleges, you have to submit SAT and/or ACT test scores. Many colleges require admission tests because they are a standard way of measuring a student's ability to do collegelevel work. M-A offers the PSAT for free both 10th and 11th Grade. Additionally the Academy program is going to offer a free SAT Prep class on Wednesday mornings in the Spring.

**Letters of Recommendation** Many private colleges ask you to submit one or more letters of recommendation from a teacher, counselor, or other adult who knows you well. When asking someone to write such a letter, be sure to do so well before the college's deadline.

## SAT Prep:

Want to look at some SAT Questions from practice tests?	<a href="https://collegereadiness.collegeboard.org/sat/practice/full-length-practice-tests">https://collegereadiness.collegeboard.org/sat/practice/full-length-practice-tests</a>
Sign Up for Khan Academy SAT Practice	<a href="https://www.khanacademy.org/signup?continue=/mission/sat">https://www.khanacademy.org/signup?continue=/mission/sat</a>
Sign Up for the Upcoming SAT Tests	<a href="https://collegereadiness.collegeboard.org/sat/register">https://collegereadiness.collegeboard.org/sat/register</a>
Academy SAT Prep Course	Ask your mentee if they have been attending!!

## COMMON APPLICATION ESSAY PROMPTS:

As part of this year's program we are going to take on the task of responding to one of the prompts for the Common Application. If you want to also write a response to the UC application I encourage you to do so. There are many unique skills required when it comes to addressing these questions and while it is difficult enough to formulate comprehensive verbal responses, organizing a clearly stated written response can present an incredible hurdle for any high school student.

Take a moment to create an account to access [The Common Application](#) online.

The Common Application Essay prompts are designed to allow students to “demonstrate their ability to write clearly and concisely on a selected topic and helps them distinguish themselves in their own voice.” This is an opportunity for students to tell the readers of their application what sets them apart from courses, grades, and test scores. Students should choose the option that best helps them answer that question and write an essay of no more than 650 words, using the prompt to inspire and structure their response. Remember: 650 words is the limit, not the goal and if the essay happens to be more concise, students don't need to feel obligated to fill the space. (The application won't accept a response shorter than 250 words.)"

### **There are five prompts:**

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from failure can be fundamental to later success. Recount an

incident or time when you experienced failure. How did it affect you, and what did you learn from the experience?

3. Reflect on a time when you challenged a belief or idea. What prompted you to act? Would you make the same decision again?

4. Describe a problem you've solved or a problem you'd like to solve. It can be an intellectual challenge, a research query, an ethical dilemma - anything that is of personal importance, no matter the scale. Explain its significance to you and what steps you took or could be taken to identify a solution.

5. Discuss an accomplishment or event, formal or informal that marked your transition from childhood to adulthood within your culture, community, or family.

I like these prompts but remember the best prompt entirely depends on the individual student and his or her story and that is the goal of this lesson ... to choose one option and develop a thorough, thoughtful response to that question.

Tips:

- Don't be afraid to write about your mistakes or failures. The emphasis here is on what you learned from the experience and how you have been able to move on to even greater success because of the wisdom you gained.
- Passionate about animals, the environment, medical research, technology, etc.? Demonstrate how your passion has informed your life choices...what did you do about that passion?
- For every prompt there is an easy answer and an insightful answer. Decide on a topic for which you can offer a unique, refreshing perspective.

Brainstorm:

# Exploration Options: Job/Internship/Volunteer Opportunities

**GREAT RESOURCE:** Have students go to their Multimedia class on Canvas and open the Opportunity Folder under Modules. Some opportunities are already closed but some great ones are still open!

## Background:

What's the difference between an internship, part-time job, and a volunteer position? These days, the lines between these types of positions are blurred. Traditionally, an internship is either a paid or unpaid position where you would gain real work experience along with course credit at an educational institution. Today, however, some people use the term internship interchangeably with "part-time job" or "volunteer position," depending on if the internship is paid or not, and hoping that the word, "internship" will make the position sound more prestigious. This has led to some confusion for students. Today, the main difference between a part-time job vs. an internship is whether or not the position has a strong educational component, allowing you to learn a lot about a career field in a somewhat structured manner, or at the very least, with a specific mentor to guide you. No matter what the position is called, be sure to get as much information as possible. Is this position paid or unpaid? Will course credit be available? Who will be guiding you? What will you be learning and how? And remember, you can still learn a lot about a career by taking on a volunteer position or a part-time job. So limiting a search to just the term "internship," will limit your opportunities as well.

Also: Contact Mr. Gradiska ([kgradiska@seq.org](mailto:kgradiska@seq.org)) at the Career Center to get a work permit and to see more job openings

Name/Link	Description	Deadline
Menlo Park Library Activities <a href="https://www.menlopark.org/556/Teens">https://www.menlopark.org/556/Teens</a>	Gr. 10-12 only.	
RISE Summer Internship <a href="https://oso.stanford.edu/programs/39-rise-summer-internship-program">https://oso.stanford.edu/programs/39-rise-summer-internship-program</a>	For low-income Bay area students interested in science and/or engineering. Includes \$2500 stipend	February 12th
SIMR Internship <a href="https://oso.stanford.edu/programs/32-simr-stanford-institutes-of-medicine-">https://oso.stanford.edu/programs/32-simr-stanford-institutes-of-medicine-</a>	For low-income Bay area students interested in medicine. 8 weeks.	February 23rd



<a href="#">summer-research</a>		
SMYSP Internship <a href="https://oso.stanford.edu/programs/28-smysp-summer-residential-program">https://oso.stanford.edu/programs/28-smysp-summer-residential-program</a>	For low-income bay area students interested in medicine and science. 5 week residential program.	February 15th
Boys and Girls Club Volunteers and Interns <a href="https://www.bgcp.org/volunteer/">https://www.bgcp.org/volunteer/</a>	Great opportunities to work with youth in your local neighborhood	
Snagajob for Teens <a href="https://www.snagajob.com/c/teen-jobs/">https://www.snagajob.com/c/teen-jobs/</a>	A great site for local jobs. New postings almost daily	Various
NOVA Youth Employment Office: Facebook <a href="https://www.facebook.com/nova-youthprogram/">https://www.facebook.com/nova-youthprogram/</a>	New positions listed daily, especially for teens and college students. Sometimes has internships* and volunteer opportunities. "Like" this page.	Various
Hat Tip <a href="https://www.hattip.com/">https://www.hattip.com/</a>	For local restaurant, retail, and hospitality jobs  Also: Contact Mr. Gradiska ( <a href="mailto:kgradiska@seq.org">kgradiska@seq.org</a> ) at the Career Center to get a work	Various

## Exploration Options: Scholarship Opportunities

These scholarships are not currently available for Juniors however, it is good to see what options are out there! Many students assume they cannot go to a four-year school because of the cost but there are so many unique scholarship opportunities that students are completely unaware of. Take some time to browse through the few listed below to see what your mentee needs to do in order to be eligible to apply!

Name	Description	Deadline
<b>ACADEMY SCHOLARSHIP!!</b>	This year we will again be offering our Academy Scholarship. We began offering this scholarship in 2017. Not only is this the 4th year we will be offering this scholarship, this year we are increasing our offering from 2 to 3 published scholarships (all listed on the attached application) promising a minimum of \$15,000 for this year's graduating seniors.	<a href="http://tinyurl.com/academyscholarshipapp">http://tinyurl.com/academyscholarshipapp</a>

<p><b>Pursuit of Excellence Scholarship</b></p> <p><a href="http://www.poescholarships.org/for-students/overview">http://www.poescholarships.org/for-students/overview</a></p>	<p>o Essay 1: Write a personal statement (600 - 1000 words) in which you tell us about yourself. What is important for us to know about you? You may want to write about one or more of the following: your personal history, your goals and dreams, how you cope with challenges, what obstacle(s) you've overcome, what you have learned about yourself, etc.</p> <p>o Essay 2: Describe a favorite lesson in one of your classes in high school that taught you something new and sparked your interest in the subject.</p>	<p>February \$600-\$6,000</p>
<p><b>Peninsula College Fund</b></p> <p><a href="http://www.peninsulacollegefund.org/">http://www.peninsulacollegefund.org/</a></p>	<p>o Essay 1: What obstacle(s) or challenge(s) have you faced and how did you overcome this? What you have learned about yourself through these experience(s)?</p> <p>o Essay 2: Why is it important to you to get a college degree? Make sure your response is specific, and include what motivates you and what you hope to do with a college degree. (Max 350 words)</p> <p>o Essay 3: Each Peninsula College Fund scholar is paired with a mentor for his or her four years of college. Please write about a previous or current mentoring relationship. Include what you learned from the relationship and how you benefited from it. If you have not had a mentoring experience, describe why you would like a mentoring relationship and how you would hope to benefit from it.</p> <p>*This last questions works perfectly with this program:)</p>	<p>February 16th \$3,000/year</p>
<p><b>Atherton Police Activities League</b></p>	<p>Award based on the following criterion: activity profile; athletic participation; leadership experience; honors and awards received; community activities; career goals; neatness of application; letter of recommendation; and a personal 250 word statement about yourself. To be eligible for a P.A.L. Scholarship, you must meet the following requirements: participate in sports and/or community service; graduating high school senior attending an Atherton school; 3.0 GPA or higher; college-bound. (Deferred enrollment is not accepted). Come to the College and Career Center to pick up a paper copy of the application.</p>	
<p><b>OCA San Mateo County</b></p>	<p>Applicants must meet the following criteria: identify as Asian Pacific American; intend to enroll in a college or university in the fall of 2017; attend the Scholarship Awards Ceremony on Saturday evening, 29 April 2017. The following criteria will be</p>	<p>March 16th</p>

<a href="http://www.ocasanteo.org/youth/scholarships/scholarships.php">http://www.ocasanteo.org/youth/scholarships/scholarships.php</a>	utilized in selecting the successful applicants: financial need; community service and volunteerism; declaring a major in public policy (field open), leadership and creativity; SAT scores and/or GPA.	
<b>Redwood City Elks Undergrad Scholarships for Students w/Disabilities</b>  <a href="https://chea-elks.org/youth-activities/scholarships">https://chea-elks.org/youth-activities/scholarships</a>	This scholarship program is a financial needs-based and academic-use scholarship. It is intended for undergraduate work at an accredited community college, four-year college, university, or licensed vocational school. The funds cover academic expenses only, which includes tuition, books, lab fees, and on-campus room and board. Individuals applying must be a United States citizen and a resident of California or Hawaii; have a physical impairment, neurological impairment, visual impairment, hearing impairment, and/or speech-language disorder; and be a senior in high school, a high school graduate, or have passed the General Educational Development (GED) Examination or the California High School Proficiency Examination (CHSPE).  \$2,000 scholarship	Various Dates
<b>Kruschnitt Aspire Scholarship Program</b>  <a href="https://foundation.smcdd.edu/scholarships/kasp.php">https://foundation.smcdd.edu/scholarships/kasp.php</a>	For San Mateo county students going to either College of San Mateo, Canada, or Skyline and intending to transfer to a 4-yr college. Must have 2.5 GPA or better in a-g courses completed in high school. Need-based scholarship.  \$6,000 annual scholarship for 30 students	June 30th
<b>Hale/Ruppert Educational Scholarship</b>  <a href="https://www.siliconvalleycf.org/scholarships/ruppert">https://www.siliconvalleycf.org/scholarships/ruppert</a>	Applicant is a 'late bloomer' who demonstrates academic promise and continuous grade point average improvement during high school or college; Maximum cumulative grade point average of 3.3 on a 4.0 scale; Demonstrated financial hardship; Applicant demonstrates community involvement; Planning to enroll or enrolled in two- or four-year college, university or vocational school as a full-time student; legal residents and A.B. 540 students are eligible, too.  Up to \$10,000	February 21st
<b>Scholarship Listing Database Options</b>	Go to <a href="#">THIS LINK</a> and scroll down to Scholarship Search Portals for MANY more options!!	