

Mentor Guide 2019-20



Session 2: November 15th
Juniors

Session 2 - 11th Grade:

Grade Review/Essay Revision

OBJECTIVE FOR TODAY:

To review your quarter transcript, form an action plan for the remainder of high school, and to get support in the revision process for your Fall Portfolio

TODAY'S CHECKLIST:

- ☐ Checking in and catching up:) **10 mins**
- ☐ Reviewing Transcript/Progress Grades and Making a Game Plan **30 mins**
- ☐ Career Interest Survey **30 mins**
- ☐ Fall Semester Essay Review **20 mins**
- ☐ Optional: Look at Summer program opportunities and/or Scholarships Go Back and Review/Work on Visioning Goals And/Or Life Timeline (This was last sessions activities but you are more than welcome to go back to it if you have the time!)

ADDITIONAL INFO:

I hope that you and your mentor have a great time together at our second session. This session is dedicated to three main tasks. The fourth is optional if you and your mentee have time.

Part 1:

One of our focuses today is going to be looking at your mentee's quarter transcripts. This can be a very illuminating time and can hopefully give you some insight into where your mentee is at academically. (You will be able to see their freshman year grades as well). The goal is to make an action plan based on their quarter grades. It is best to keep your options wide open after High School by developing a plan, ensuring you're in the right classes and being successful!!

**Included in the packet you will find the graduation requirements and the State/CSU/UC requirements.

Part 2:

The second focus of the day is to have students complete a survey questionnaire to help them discover what career path they might be interested in pursuing. So many students go into college "undecided" which is okay and not many people are lucky enough to know their passions at the age of 16 but this will hopefully reveal what they might be interested in pursuing.

Part 3:

The third focus of this morning is to get a chance to look at an essay your mentee is proud of. They have been working very hard on writing this essay for English/History/Science for the last few weeks. Like the transcript activity, this will be a very illuminating time and will allow you to see the work that your mentee is producing. I have provided some guides in this packet to help you through this process.

JUST A NOTE:

** While there is a checklist of activities for you and your student to accomplish, if the conversation leads elsewhere feel free to develop that relationship organically!!

Catching Up :)

Even though I am sure that no one will need these conversation starters, I have included them just in case. You and your mentee should spend the first fifteen minutes or so catching up from the last session. You can also use this time to check in on some of the visioning goals that you and your mentee set in the last session.

Topics for Conversation:

- Did you do anything fun over the three day weekend?
- What are your plans for Thanksgiving/Christmas break?
- Are you working on any fun/interesting projects in any of your classes?
- Have you seen any good movies recently?
- Check in on family
- How are things going with friends at school
- Any other things that you can think of

Activity #1: Transcript Review

Directions: Your mentee should have a copy of their transcript with them in their folders. Please take a few minutes to look over the classes they took Freshman/Sophomore Year and the first quarter of their Junior Year and what grades they earned. After looking it over, take some time to discuss and answer the following questions:

1. What class was the most difficult for you during the 1st Quarter and what made it so challenging for you?

a. _____

2. What class was the easiest class for you during the 1st Quarter and what made it easy for you?

a. _____

3. What class do you enjoy the most and why?

a. _____

Making a Game Plan

You may use the copies provided at your table/in your student's folder or visit the link below to see the graduation and college requirements:

<http://www.mabears.org/Guidance/Academic-Counseling/Graduation--College-Requirements/index.html>

Ideas for Game Plan:

- Contact teacher about missing assignments/making up tests
- Find a study partner to study for tests
- Change seats to sit closer or to not be distracted
- Go see the teacher before school or at lunch to get help with the last lesson
- Keep doing what you're doing!!

*Your mentee should check CANVAS to show you their current Grades!

Pd	Class	Quarter Grade	Current Grade	Goal Grade	Game Plan
0					
1					
2					
3					
4					
5					
6					

PLANNING EARLY

Although it's important to focus on getting the most out of your high school years, there are a few things you can do from day one to help ready yourself for the next big step: College.

DEVELOP GOOD STUDY HABITS:

Even if school comes easily to you, it's important to get into good habits now. These will serve you through high school and into the more difficult challenges you'll face in college. List some good study habits you can start working on right now:

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-
-
-

PURSUE EXTRACURRICULAR ACTIVITIES:

Colleges are looking for well-rounded applicants who succeed both inside and outside of the classroom. Look for extracurricular activities that suit your interests. These should be fun and should help you demonstrate positive qualities such as leadership and social responsibility. What clubs or sports are you currently involved in/planning to get involved in?

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VOLUNTEER:

Volunteering is another good way to show prospective schools that you're more than just a grade point average. There are MANY ways to get involved at Menlo Atherton High School. I have included a few below. Circle any of the events that you want to participate or are already participating in:

- 2019 Canned Food Drive
 - Distribution Day for Canned Food Drive
- Holiday Gift Drive
- Global Leaders: Trip to Tonga/Guatemala

**Let you Academy teachers know if there are any of these events that you would like more information on.

Activity #2: Career Interest Survey

Instructions: For this activity please use the pink packet in your folders.

Goal: The goal is that by answering a few basic questions, your mentee will be able to get a little insight into a “Career Cluster” they might be interested in. This is not a foolproof method but it might help to point them in the right direction.

Activity #3: Essay Review

Each of the Juniors had the opportunity to choose from one of the following prompts for their English, Science, and History classes:

1. **English Prompt A:** Should the death penalty be legal?
2. **History Prompt:** In light of the growing strength of the abolitionist movement and because of their economic dependence on the institution, how did the South attempt to defend and strengthen their hold on slavery?
3. **Potential English Prompt B:** Is Adnan innocent or guilty?
4. **Science Prompt:**

BACKGROUND WORK:

They used their course readers and secondary sources from English and History in order to find the evidence to answer the prompts. So far, they have have brainstormed, drafted, received feedback from their peers and/or teachers, and revised. Clearly this has been a very involved and hopefully, meaningful, process for our students. Students were instructed to choose one essay that they are most proud of, or that they would love some feedback on.

DIRECTIONS:

Read through the essay with your mentee. Feel free to give them some feedback or share your initial thoughts. Below are some skills that we have been focusing on in their writing. If you feel comfortable, you can use some of these tips to give your mentee some feedback.

Thesis Tips:

Go through this checklist with your student to make sure they have a strong thesis

Thesis Checklist:

- Does it answer the Central Question?
- Can I argue with it?
- Does it address what I am going to be discussing throughout the paper?
- Does it guide my essay?
- Is there any FLUFF? (Ex: In this paper I am going to discuss)
- *Hint: Take a look at the drafting worksheets, outlines, or sentence frames students used.*

Quote Integration Tips:

- Do they drop the author's name without giving any explanation about who they are?
- Do they properly integrate the quote into their sentence?:
 - Good Example:
 - Angelina Grimke, the daughter of a Southern Plantation owner and an ardent abolitionist, expressed in a speech that, "I have never seen a happy slave."(Grimke, 1853)

Analysis Tips:

If they received a comment asking them for more analysis you can ask these questions to get them to think deeper

- Does the analysis just repeat the quote?
- Does the analysis provide thoughtful insight on the significance/meaning of the quote?
 - What does the author mean by what they said?
 - Why does it matter?
 - What is the impact?

Organization Tips:

- Topic Sentences:
 - Do they relate back to the thesis?
 - Do they guide the paragraph?
- Do they have a proper works cited?
 - They can use easybib.com and/or the bottom of the sources in the history/english sources

Possible Scholarships/Summer Programs

Stanford's RISE Program

<https://oso.stanford.edu/programs/39-rise-summer-internship-program>

Applications due February 15, 2019

The RISE application is available upon request! The RISE (Raising Interest in Science and Engineering) Summer Internship Program for HS Students is sponsored by the Office of Science Outreach. It's an intensive 7-week summer program for local Bay Area students interested in science, engineering, math, computer science, or psychology. Students spend 30 hours a week on the Stanford campus, working in an active research lab under the guidance of a mentor from the lab (typically a graduate student), and attending weekly group sessions that include field trips, presentations, hands-on science activities, and lab tours.

RISE is designed for bright low income students and those who will be the first in their families to attend college. We give priority to groups historically underrepresented in science and engineering. Most applicants are nominated by their science teacher. View the Eligibility Criteria on this page to see if you qualify to apply.

RISE offers participants:

- An intense and rewarding research experience
- Weekly community enrichment activities
- A stipend of \$2,500
- Graduate student or post-doctoral mentor
- A network of like-minded high school students who love science and engineering

SCHOLARSHIPS OPPORTUNITIES

There are so many incredible scholarships that pop-up year after year that students could use this time to start developing ideas or even written responses for. Here are just two very local scholarships valued at up to \$5,000/yr each:

Pursuit of Excellence Scholarship:

<https://app.smarterselect.com/programs/32366-Pursuit-Of-Excellence>

- **Essay 1:** Write a personal statement (600 - 1000 words) in which you tell us about yourself. What is important for us to know about you? You may want to write about one or more of the following: your personal history, your goals and dreams, how you cope with challenges, what obstacle(s) you've overcome, what you have learned about yourself, etc.
- **Essay 2:** Describe a favorite lesson in one of your classes in high school that taught you something new and sparked your interest in the subject.

Peninsula College Fund

<http://www.peninsulacollegefund.org/>

- **Essay 1:** What obstacle(s) or challenge(s) have you faced and how did you overcome this? What you have learned about yourself through these experience(s)?
- **Essay 2:** Why is it important to you to get a college degree? Make sure your response is specific, and include what motivates you and what you hope to do with a college degree. (Max 350 words)
- **Essay 3:** Each Peninsula College Fund scholar is paired with a mentor for his or her four years of college. Please write about a previous or current mentoring relationship. Include what you learned from the relationship and how you benefited from it. If you have not had a mentoring experience, describe why you would like a mentoring relationship and how you would hope to benefit from it.

*This last questions works perfectly with this program:)